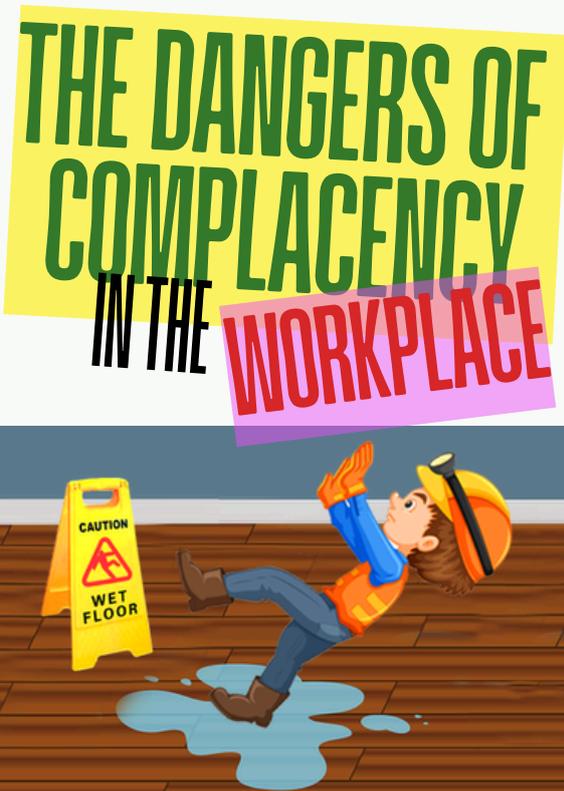


INTRODUCTION

Complacency towards safety is one of the most dangerous attitudes in the workplace. The mindset of *'it won't be me'* or *'those things only happen to others'* leaves us vulnerable to accidents and injuries. When we lower our guard, we neglect vital safety practices, exposing ourselves and our coworkers to serious risks. This newsletter explores the dangers of complacency, its impact, and actionable steps to maintain a proactive safety culture.



Complacency is a silent threat to workplace safety. It is easy to assume that because we've performed a task countless times without incident, the risks are minimal. However, complacency often leads to neglecting safety practices, such as skipping safety checks, not wearing proper PPE, or ignoring hazards.

Safety is about constant vigilance. Every task, no matter how routine, carries potential risks. When we think, *'It won't be me,'* we open the door to accidents that could have been avoided through mindfulness and adherence to safety protocols.

► THE COST OF COMPLACENCY ◀

- **Job Risks:** Ignoring safety protocols in high-risk environments like construction or labs can lead to catastrophic outcomes.
- **Health Effects:** Neglecting PPE or repeated exposure to hazards can cause chronic conditions like respiratory issues or joint problems.
- **Financial Impact:** Workplace injuries result in medical bills, lost wages, and financial strain on individuals, families, and organisations.

WHAT CAN YOU DO TO COMBAT COMPLACENCY?

1. **Think Safety for Yourself and Others:**

- Safety protects not only you but also your co-workers and loved ones. A lapse in safety can harm those around you. Prioritise making it home safe every day.
- Safety is a shared responsibility. Speak up if you see a co-worker cutting corners, and work together to create a safer environment.

2. **Stay vigilant:** Treat every task with care, follow safety protocols, and avoid shortcuts.(e.g.,rushing tasks or skipping checks')

3. **Take Responsibility:** Safety is everyone's duty, not just supervisors'. Report unsafe conditions immediately.

4. **Encourage Others:** Gently remind coworkers of the importance of adhering to safety protocols.

CLOSING THE DOOR ON COMPLACENCY

Complacency is a silent and persistent threat that puts everyone at risk. Safety isn't just about you; it's about protecting your family, co-workers, and community. Every action matters.

Reject the dangerous '*it won't happen to me*' mindset. Instead, embrace vigilance, follow protocols, and champion a proactive safety culture. Together, we can build a workplace where everyone thrives.



STAY SAFE. STAY VIGILANT. THINK SAFETY.